

# Tech Recovery and Client Safety Plan

## Emergency contact (required):

Name:	
Relationship:	
Phone #:	
Contact Address:	

You give your provider permission to contact your emergency contact regarding your health care in an emergency: \_\_\_\_\_ (client initials)

## Technological Emergencies:

If we experience a technical failure during a session or other interaction, **I will always attempt to reconnect with you**, even if it seemed we were about to finish our interaction.

## Our backup communication method is:

Method:	Telephone
Provider's number	719-332-7794
Client's number	

Plan: Provider will attempt to call client at the above number. If unable to connect, provider will send client a secure email to inform client that she could not get through by phone	Client email:

## Identification Plan

If we need to connect by a medium that doesn't provide a satisfactory way to identify each other, we will use the following secret authentication method to identify each other. We may use this method if we connect textually or if our video or audio connection becomes very poor. **Do not inform any other people of our plan.**

Method: Text using Signal	The provider will ask, "Is there anything in particular you wish to tell me before we start?" and the client will respond, "Yes, I have been somewhat sleepy lately."
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## Scene Safety Plan

Sometimes there may be other people who attempt to intrude on our session, or there may be other reasons why the space you are in is not psychologically safe for our work. **Do not inform any other people of our plans.**

**To help your provider know when your space is unsafe, we will do the following scene safety check at the beginning of each session:**

Scene safety check method:	The client will be asked to pick up their computer/camera and pan around the room.
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**In cases when you need it, we will use the following secret call and response code to indicate that your space is not currently safe:**

Scene unsafe call and response:	The therapist always asks, “Is now a good time to proceed?” and if the scene is <u>unsafe</u> , the client responds, “I am a bit sleepy, but yes.”
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## Health and Safety Emergencies

If you are in a mental health crisis, you will call this number for help:	
If you have a medical or safety emergency, you will call this number for help:	

**Which hospital will you go to when a medical issue arises?**

Main hospital name:	
Main hospital phone #:	
Main hospital address:	

**If there is a second hospital you may go to, please list it here:**

Secondary hospital name:	
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Secondary hospital phone #:	
Secondary hospital address:	

**If you need to contact your provider during an emergency, the following method is the way to do it. Remember that your provider may not be able to provide any emergency or crisis assistance:**

Provider emergency contact method:	Phone or text
Provider emergency contact number:	719-332-7794